

Middletown Wellness Center

FREQUENTLY ASKED QUESTIONS

Q. *Who can use the Wellness Center?*

A. Grade 9-12 students attending Middletown High who are registered with the Wellness Center may use its services at no charge.

Q. *How do I register my child with the Wellness Center?*

A. Your child is registered when you fill out and return a parental consent for treatment and a health history form. These forms must be signed by a parent or legal guardian. They are available through the school nurse, guidance, office and the Wellness Center. You can request they be mailed to you by calling 378-5775.

Q. *What are the advantages of having a Wellness Center at Middletown High School?*

A. The advantages are convenience, time savings and cost.

Convenience: Sometimes it is difficult to get an appointment with your primary care physician as quickly as you may like.

Time Savings: Just add up how much time that you normally lose from work and that your child loses from school for each doctor's appointment! By the time you pick up your child at school, go to the doctor, wait for your appointment and then back to school and then to work, you have used up half a day!

Cost: There is no cost for the services at the Wellness Center, nor do we bill your insurance.

Q. *Do I make too much money to use the Wellness Center?*

A. No. Wellness Center services are available to all students regardless of how much or how little income the family earns.

Q. *Does a parent have to accompany the student?*

A. No.

Q. *Can the doctor or nurse practitioner see my child if they are sick?*

A. Yes. Acute minor illness and injuries are treated at the Wellness Center

Q. *What kinds of services are provided at the Wellness Center?*

A. Your student can be seen for Medical services such as sick visits and physicals, mental health and nutritional services as well as education on topics important to healthy adolescent development Wellness Center does NOT provide birth control.

Q. *Can the parent choose what services the student can receive?*

A. Yes. A list of services is printed on the consent for treatment form. If there is any service that you do not want your student to receive, simply cross through it.

Q. *Are all Wellness Center services confidential?*

A. Yes, except for threats of harm to self or others, and child abuse. Access to records requires a written release signed by the student.